



TECHNICAL PACKAGE
**CANADIAN SENIOR, GRAND MASTERS
& KATA
JUDO CHAMPIONSHIPS**
JONQUIÈRE, QUEBEC
May 15-16, 2010

You can access this document at www.judocanada.org

To contact Judo Canada from May 14-16, please call this tournament contact number 613-867-9715.

GENERAL TOURNAMENT INFORMATION

1. **NEW:** Grand Masters (Veteran) age division is included in the 2010 National Championships. In case that in the future Judo Canada has to select Canadian veteran judoka for participation in international events, results of the National Championships will determine such selection(s) within the 12 months after that National Championships.
2. Entries for the tournament must be submitted to Judo Canada in Ottawa by 16:00 hours, on Friday April 16th 2010.
3. Blue Judogis are obligatory for all shiai competitors. Reversible judogis will be accepted.
4. Each provincial/territorial team (including officials and staff) is responsible for reserving its own accommodations.
5. Immediately after you register at the accommodation, proceed to tournament accreditation. All necessary information will be provided there.
6. No use of bleeding dyes on the body or hair of competitors is allowed. In cases where such use is undetected and it results in damage to the equipment of the opponent or the tatami, the competitor will be disqualified and the Provincial/Territorial Association of which that individual is a member will be charged for the damages.
7. **DOPING CONTROL.** Each participant in the National Championships is subject to a doping control according to regulations by the Canadian Centre for Ethics in Sport (CCES). Athletes and coaches must be familiar with these regulations. You can access the CCES Policy at: www.cces.ca. In case you have no access to the Internet, request a hard copy of the CCES Policy from Judo Canada.
8. The National Training Camp will take place in Jonquiere after the tournament (May 17th to 19th, 2010). Refer to the Camp registration form included in this Package. Indicate participation in the Training Camp on the official Entry Form.

ORGANIZING COMMITTEE

ASSOCIATION JUDOKAS JONQUIÈRE
3507 BOUL SAINT-FRANCOIS, suite 114
JONQUIÈRE, QUÉBEC, G7X 2W5
Tel. : 418-698-3345 poste 1
Fax. : 418-698-3951
Email : jj.judokasjonquiere@hotmail.com
WEB : www.judokasjonquiere.com

Committee President and Director of Operations

Céline Rathé
4109, rue Gauvain,
Jonquiere, Qué.,
G7Z 1C1

Téléphone: (418) 542-6487 (maison)
Fax: (418) 698-3951 (Centre Sportif)
Email: jj.judokasjonquiere@hotmail.com

Tournament Director

Roger Tremblay
2555, rue Dandurand,
Jonquiere, Qué.
G7S 3X3

OFFICIALS' HOTEL

HÔTEL LE MONTAGNAIS
1080, boul Talbot
Chicoutimi, Saguenay, Qué.
G7H 4B6
Tél : (418) 543-1521
Fax : (418) 543-2149
Sans frais : 1-800-463-9160
Site web : www.lemontagnais.qc.ca

Room: \$95 night (+ taxes) Superior standard (1-4 people per room),
230 rooms available

Room: \$85 night(+ taxes) Economy standard (1-4 people per room)
69 rooms available

Prices with breakfast included :

Cost: \$105 person (+ taxes) Superior standard, single occupation
\$57 \$ double occupation

Coût: \$95 person (+ taxes) Economy standard, single occupation
\$52.50 person with double occupation

Note 1: The rooms are available in priority order starting with Judo Canada and provincial associations

Note 2: The hotel is less than two km from the competition site.

IMPORTANT INFORMATION ON RESERVATIONS:

RESERVATIONS MUST BE MADE DIRECTLY WITH THE HOTEL LE MONTAGNAIS

INFORMATION IMPORTANTE SUR LES REPAS:

- ALL MEALS WILL BE OFFERED AT REASONABLE PRICES AT THE MAIN CAFETERIA OF THE CHICOUTIMI UNIVERSITY AND AT THE COMPETITION SITE.

TOURNAMENT HEADQUARTERS

HOTEL LE MONTAGNAIS
1080, boul Talbot
Chicoutimi, Saguenay, Qué.
G7H 4B6

www.lemontagnais.qc.ca

Details on the rooms for accreditation/registration, meetings, and weigh- in

Activity	Location
Accreditation / Registration	Information available at the main hall of the hotel Le Montagnais
Draws and meeting	hotel Le Montagnais – room Armand Couture
Weigh-in / Men	hotel Le Montagnais - room Robert Gravel
Weigh-in / Women	otel Le Montagnais - room Yvonne Néron
Hospitality Suite	TBC
Secretariat	otel Le Montagnais - room Armand Couture
Referees & Volunteers	<i>Information available at the competition site</i>

Note: Accreditation for the Kata event will take place at the competition site on Saturday, 15th of May, 2010 between 12:00 and 14:00.

To see the Map of the Chicoutimi U. campus, visit:

WWW.UQAC.CA

OTHER POTENTIAL SITES FOR TEAM ACCOMMODATIONS

For details on other potential sites of lodging, please visit the website of the Club de Judokas Jonquiere :

www.judokasonquiere.com

TRANSPORTATION FROM THE AIRPORT

Transportation to and from the Bagotville airport is a responsibility of each registering team. If you would like a shuttle service provided by the Organizing Committee, please contact us at:

Fax: (418) 698-3951 (Centre Sportif)

Courriel : jj.judokasjonquiere@hotmail.com

For information on ground public transportation from Montreal or Quebec City , please consult the www.intercar.qc.ca

ACCREDITATION

Accreditation for all athletes, coaches and officials will take place at the hotel Le Montagnais in Chicoutimi between 14:00 and 18:00 on Friday May 14th, 2010.

Accreditation for all Kata competitors will take place at the competition site on Saturday May 15th, 2010 between 12:00 and 14:00.

Certified accreditation is required for access to weigh-in room, training site and shiai-jo.

NOTE: The President of the organizing committee and the Operations Directors reserves the right to revoke the accreditation of anyone showing blatant disrespect for the rules and procedures for the competition as established by the Organizing Committee.

TRAINING SITE

CLUB JUDOKAS JONQUIÈRE

www.judokasjonquiere.com

Note 1: To reserve a training time for your Provincial Team contact the organizing committee.

COMPETITION SITE (SHIAI-JO)

UNIVERSITÉ DU QUÉBEC À CHICOUTIMI
555, boulevard de l'Université
Chicoutimi (Québec), G7H 2B1

www.uqac.ca

Note 1: The competition site is located less than 2 km from the headquarter hotel.

HOSPITALITY SUITE

The details concerning the hospitality suite for national and provincial officials will be provided upon your arrival and will also be posted in the headquarter hotel.

BANQUET

The Organizing Committee is inviting all participants to a banquet on Sunday night after the conclusion of the championships.

Banquet tickets are \$ 50/person.

Reservation by Friday April 16, 2010 to the President of the Organizing Committee;
Mme Céline Rathé

Your cooperation in this matter is appreciated.

TRAINING CAMP

The 2009 Canadian National Training Camp will be held May 17-19, 2010.

An entry fee of \$40.00 per participant is being charged to cover the facility rental fees.

See the attached National Training Camp registration form.

SENIOR DIVISIONS

NOTE: age refers to the age as of **December 31, 2009**

SENIOR MEN		SENIOR WOMEN	
Minimum Age : 16 years**		Minimum Age : 16 years**	
Minimum Rank : Ikkyu (brown)		Minimum Grade : Nikyu (blue)	
Time Duration : 5 minutes ; Golden Score		Time Duration : 5 minutes ; Golden Score	
more than 55 kg et	Up to 55 kg*	more than 44 kg et	up to 44 kg*
more than 60 kg et	up to 60 kg	more than 48 kg et	up to 48 kg
more than 66 kg et	up to 66kg	more than 52 kg et	up to 52 kg
more than 73 kg et	up to 73 kg	more than 57 kg et	up to 57 kg
more than 81 kg et	up to 81 kg	more than 63 kg et	up to 63 kg
more than 90 kg et	up to 90 kg	more than 70 kg et	up to 70 kg
more than 100 kg	up to 100kg	more than 78 kg	up to 78 kg
* There are no carding points for the -55 kg mens & -44 kg womens divisions		* There are no World Championships or Olympics selections for the -55 kg mens and -44 kg womens divisions	

** Younger athletes will be allowed as per the « early bloomer clause » which states : “an athlete who wins a medal at the Juvenile Championships and wishes to entry a National Championships in an older age group (Junior, Senior) in the following year despite the fact that he/she still is a juvenile, such athlete will be allowed to move to the older age division” – subject to the Technical Committee approval on a case-by-case basis.

VETERAN DIVISIONS

Women

Weights: -48 kg ; -52 kg ; -57 kg ; -63 kg ; -70 kg ; -78 kg ; +78 kg

Men

Weights: -60 kg ; -66 kg ; -73 kg ; -81 kg ; -90 kg ; -100 kg ; +100 kg

The Organizers / Judo Canada’s Sport Director can combine a category with the next category if the number of participants in a category is not sufficient (a minimum of two participants). In this case, the medal awarded is that of the higher category.

All age divisions have a contest duration of 3 minutes.

Female & Male Age	Year of birth
30-34 F1 & M1	1980 - 1976
35-39 F2 & M2	1975 - 1971
40-44 F3 & M3	1970 - 1966
45-49 F4 & M4	1965 - 1961
50-54 F5 & M5	1960 - 1956
55-59 F6 & M6	1955 - 1951
60-65 F7 & M7	1950 - 1946

KATA

- Entries for the tournament must be submitted to Judo Canada by April 16, 2010 at 16h00.
- Multiples entries per competitor are accepted. Entry fee for the first kata is \$140 per pair; plus \$70.00 for each next entry. A cheque must be issued to Judo Canada, and it is **non-refundable**.
- This tournament will hold competitions for GOSHIN JUTSU, KATAME-NO-KATA, JU-NO-KATA, KIME-NO-KATA and NAGE-NO-KATA. This competition will not have gender specific divisions so all pairs are welcome (mixed or not).

There are no provincial registration quotas for this event. However, only the registrations received directly from provincial association will be accepted.

ELIGIBILITY

Athletes must compete for the provincial association of which they are a member in good standing and must have a valid proof of membership. All competitors must present their Judo Canada Passport. Only Canadian Citizens and Permanent Residents are allowed to participate in the competition.

REGISTRATION

All provincial entries ; names of substitutes ; request for early bloomers entry, must be received by the National Office in writing on the official entry forms no later than 16h00 on April 16th , 2010, along with the following.

- Registration forms
- Completed & signed release forms
- A cheque for entry fees \$70.00/athlete, payable to Judo Canada, **non-refundable**
- Judo Canada passport #
- Medical summary forms

Substitution Rules

- Substitution of a participant is not considered a late entry, providing that a substitute is included as a potential substitute on the provincial entry form
- Up to two substitutes per weight division will be permitted
- Substitutes must be declared the day before the competition by 18h00, Friday May 14TH, 2010.
- No exceptions will be made.

Late Entry for National Championships

The deadline for entries is 16h00 on April 16th, 2010. After this date, any further entries will be considered late.

A late fee of additional \$50, must be paid during the accreditation at the latest.

NOTE : Change of weight category as indicated in the original entry sheet is considered a late entry.

There are no provincial registration quotas for this event. However, only the registrations received directly from provincial association will be accepted.

WILD CARD ENTRY

In exceptional circumstances, the Technical Committee of Judo Canada reserves the right to enter an athlete to the National Championships who was not registered by his/her provincial association.

COMPETITION SCHEDULE

Please note: schedule subject to change pending the number of entries in the Senior Division.

	Friday, May 14	Saturday, May 15	Sunday, May 16
6h00		<ul style="list-style-type: none"> Unofficial Weigh-in 	<ul style="list-style-type: none"> Unofficial Weigh-in
7h00		<ul style="list-style-type: none"> Official Weigh-in (7-8h00) Breakfast 	<ul style="list-style-type: none"> Official Weigh-in (7-8h00) Breakfast
8h00		<ul style="list-style-type: none"> End of Weigh-in 	<ul style="list-style-type: none"> End of Weigh-in
8h30		<ul style="list-style-type: none"> Draw Posted Referees meeting 	<ul style="list-style-type: none"> Draw Posted
9h00		<p>Preliminary & Repechage</p> <p>Senior weight divisions</p>	<p>Kata competition & Awards</p>
10h00	<ul style="list-style-type: none"> Unofficial Scales Open (10h00-23h00) 	<p>Men -55kg; Women -44kg Men -60kg; Women -48kg Men -66kg; Women -52kg Men -73kg; Women -57kg Men -81kg; Women -63kg Men -90kg; Women -70kg Men -100kg; Women -78kg Men+100kg; Women+78kg</p>	
12h00		<ul style="list-style-type: none"> Kata Accreditation Draw for Kata order 	<p>Preliminary & Repechage</p> <p>Grand Master age and weight divisions</p>
14h00	<ul style="list-style-type: none"> Accreditation for athletes; coaches; referees and officials (14h00-18h00) 		<p>Finals & Awards</p>
		<ul style="list-style-type: none"> Official Opening Ceremony 	<p>Team Tournament</p>
18h00	<ul style="list-style-type: none"> End of Accreditation 	<ul style="list-style-type: none"> Finals & Awards Senior Divisions Doping control 	
19h00	<ul style="list-style-type: none"> Coaches meeting & draw 	<p>Evening with the President.</p>	<ul style="list-style-type: none"> Banquet
21h00	<ul style="list-style-type: none"> Social activity 	<ul style="list-style-type: none"> Social activity 	

SEEDING

The seeding will be done by Judo Canada's officer.

There will be a maximum of four seeds ranked according to policies of the National Team Handbook 2010 (ranking updated 2 weeks prior to the Nationals). Athletes representing the same weight class and included in the ranking will be seeded according to their position in the ranking (i.e. highest ranked – seed # 1; second highest – seed # 2 etc.).

Positions of the Seeds

- | | |
|---|---|
| <input type="checkbox"/> Seed #1 : (top of table A) | <input type="checkbox"/> Seed #2 - (top of table B) |
| <input type="checkbox"/> Seed #4 : (bottom half of table A) | <input type="checkbox"/> Seed #3 - (bottom half of table B) |

NOTE! There will be no seeding for the Grand Masters event.

DRESS CODE DURING THE COMPETITION

- Athletes who wish to access the competition and/or warm up area of a shiai-jo must wear a tracksuit or a judogi
- Judo Canada strongly recommends that coaches wear their respective Official Provincial Tracksuits

COACHES MEETING & DRAW

The draw meeting will be conducted by the Technical Committee Chairperson or designated, the Sport Director and the Tournament Director. One team leader per province is permitted to speak on behalf of their province at the meeting. Others may attend as observers providing there is room.

1. Welcome by Tournament Director
2. Role Call to record provincial team leaders.
3. A short explanation of the draw format that will be used. The direct elimination system with double repechage is used for Senior National Championships (and most of international - IJF, tournaments). A modified double elimination system is used for U20, U17, U15 National championships. Non-seeded athletes are drawn at random into the draw sheet, either by a randomized computer program, or manually, using numbered ping pong balls.

4. Review of Athlete Registration and the Draw.
 - the list of entries and seeding for each weight class will be reviewed prior to the draw of that weight class.
 - team leaders are requested to verify spelling of names, weight class, rank, etc
 - last chance for Team leaders to submit substitutions and withdrawals
 - the Result Co-ordinator / Sport Director will record changes
 - the draw is conducted and accepted.
5. The draw is posted and distributed as soon as possible.
6. For National Championships, an athlete that fails to make weight the next morning is eliminated. Judo Canada reserves the right to redraw the pools if the pools become unbalanced.

For example: A weight class with seven athletes is drawn the night before so that Pool "A" has 4 athletes and Pool "B" has 3 athletes. If an athlete in Pool "B" does not make weight then the weight class will be redrawn. If an athlete in Pool "A" does not make weight the Pools are balanced at three athletes each and there is no need to redraw.

WEIGH-IN

Weigh-in procedure will be conducted according to the IJF rules unless noted below or in the Technical Package. The Sport Director and Tournament Director attend to ensure order and control.

1. A set of trial scales must be available at the headquarter hotel at least one full day before the weigh-in. The trial scales should be calibrated to read identical to the official scales. The required accuracy is the first decimal digit. If the display shows more digits, these must be covered by non-transparent tape. Trial scales for male and female athletes will be placed in separate rooms.
2. There must be separate weigh-in rooms for male and female athletes that shall remain locked except for the weigh-ins and one hour prior to weigh-in.
3. All weigh-in room attendants must be of the same gender as the athletes.
4. The official scales must be calibrated and available to the athletes one hour prior to the start of weigh-in.
5. The official weigh-in must be held a minimum of two hours prior to the start of competition.
6. The order of weight classes at weigh-in must follow the order of weight classes for the competition.
7. Each weight class is assigned to a specific scale. Contestants must weigh on the assigned scale only and can not change.

8. Each athlete is required to present a Judo Canada passport (or equivalent) at the official weigh-in.
9. The athletes shall weigh-in naked or wearing only underclothing, under the supervision of the weigh-in official; the athlete may be requested to remove his/her underclothing to ensure he/she/ reaches the minimum weight limit of the weight class in which he/she entered.
10. No weight tolerance is accepted. Contestant's weight must be within the lower and upper limits of the class for which he/she is registered, with the exception of the lightweight and heavyweight classes. Each athlete is allowed to step on the scale only once for no more than 60 seconds or as instructed by the official. I.e. A brief step-down from the scale to remove clothing is allowed.
11. The exact weight of the contestants, including heavy weights, must be entered on the weigh-in sheet, together with the signatures and initials of the weigh in official.
12. Under the remarks section the names and exact weight of any contestant who does not make weight must be recorded and signed by the weigh in official and the athlete.
13. Any athlete who does not show up at the weigh-in, or who does not meet the weight requirements, will be disqualified. No refunds will be made for not making the weight requirements. Athletes not making weight will be fined.
14. For Veterans age division, in case two weight classes are combined, the contestant must weigh within the lower limit of the lower weight class and the upper limit of the higher weight class.

COMPETITION RULES

1. IJF rules will be applied in full unless noted elsewhere in the official technical package.
2. Judo Canada Code of conduct, Discipline Procedure and Coaching Code of Ethics will be enforced.
3. Any competitor not on the mat area after having been called three (3) times, at 1 minute intervals, will be automatically eliminated and subject to a fine.
4. Golden Score regulation will apply for Senior Division – 3 minutes; and for Grand Master – 1 minute.
5. Any competitor disqualified by direct hansoku-make for action dangerous to the opponent or action contradictory to the spirit of judo will not be eligible for repechage and will lose his/her standing. A competitor disqualified by direct hansoku-make for any other reason simply loses the match but can continue in the repechage round.
6. Any competitor submitting by kiken-gachi (injury) will not be allowed to resume competition without permission from the medical officer appointed by the tournament organizing committee.
7. All judoka must have a second T-shirt (female) and judogi that has passed judogi-control available by the mat ready to be used.
8. Competitors must wear shoes or sandals while not on the mat.

9. Medal winners must attend the medal ceremony in their judogi or provincial uniform. Medal winners that refuse to participate in the ceremony, will be removed from the result list and will not place. (Carding points may be removed).
10. Rest between bouts will be 10 minutes minimum.
11. Coaches will be allowed in the vicinity of the mat as per the IJF rule.
12. At the National Championships, the Provincial coaches must be certified Level III. If there are no Level III certified in the province, the next highest level coach in province must be the head coach. Team may have other floor coaches, however they must be registered and fully accredited.
13. Judo Canada's Anti-doping Policy will be applied in full.
14. No alcoholic beverage or non-medical drugs will be permitted on the premises of the tournament.
15. Judo Canada may levy \$200 fine against any provincial/territorial athlete disqualified on the following grounds:
 - failure to show up at the official weigh-in
 - failure to meet the weight requirements
 - failure to respect the schedule
16. Coaches must be appropriately dressed.

POINT SYSTEM

Call	Equivalent	Points	Abr.	Explanation
Ippon		10	IPO	Full point
Waza-Ari		7	WAZ	Not quite Ippon
Yuko		5	YUK	Note quite Waza-ari
Hansoku make	Ippon	10	HAN	Disqualification
3 Shido	Waza-ari	7	3SH	Penalty
2 Shido	Yuko	5	2SH	Penalty
Yusei gachi		1	YUS	Decision
Fusen gachi		10	FUS	Default
Kiken gachi		10	KIK	Withdrawal or Injury
Sogo gachi		10	SOG	Compound win (3shido + Waza-ari)

DRAW SYSTEM

Weight categories with 8 or more entrants:

1. Double repechage system..
2. Participants in each weight category are drawn into two tables, "A" and "B". Each table is subdivided into two (A1, A2, B1, B2).
3. Straight elimination until the finalists are determined for each subgroup. Repechage competition begins after winners of the A1, A2, B1 and B2 subdivisions are determined.
4. Winner A1 meets winner A2 and winner B1 meets winner B2 to determine the winners of tables A and B, respectively.
5. Winners of table A and table B compete to determine first and second place, while the losers in 4 (above) compete for third place against the winners of the repechage from the opposite table.
6. For the national team selection purpose the two bronze medallists (5 above) will meet to determine third and fourth place ranking (unless they met in an earlier round of the tournament).

Weight categories fielding seven or less entrants will use the usual pool system:

1. Preliminaries will consist of pools of three (3), four (4), or five (5) competitors as necessary. Two (2) competitors will be selected by addition of wins. In case of a tie in number of wins, the highest point score will determine the winner. In case of a tie in points, the competitor having won his/her fight in the pool will be declared the winner.
2. In weight categories fielding 2 entrants, the competitors will fight twice. In case of a tie in victories, a third fight will be held. Judo Canada reserves the right to cancel a weight category should there be less than two competitors in that weight category.
3. Competition will be by direct elimination after the pools. Winners of "A" will fight the second place of Pool B and the winner of pool B will fight a second place from pool A. Winners of these bouts will meet for a gold medal and losers will be awarded bronze medals and "B" tables will fight for first and second place.

Tie breaking criteria for a pool system.

In case the tie in the pool persist the following tie breaking criteria will apply
(IMPORTANT *the time of each bout must be correctly recorded*)

1. the tournament director will decide whether the competition schedule allows conducting the round robin involving tied competitors for the second, third time. (i.e. minimum time required in pool of 3 competitors is 45 minutes).
2. In case the tie persists after the second round (or third if such was conducted), the total time of bouts won in the competition, by each of the participant, will be added. The judoka with the shortest total time will be place first; the judoka with the second shortest time will place second; etc.
3. In case the tie persists after the step (2), the weight of the competitors recorded during the official weigh-in will determine their placing. The lightest will place first, second lightest second; etc.

In case the tie persists, the Technical Committee designate will make a decision on further action

NOTE: As per IJF regulations, in a pool tournament format, when an athlete is withdrawn (Medical or Direct Hansoku-make) from the tournament prior to his/her last bout in the pool, all the points received by this competitor or against him/her are erased.

2009 Canadian National Training Camp

Jonquiere, Quebec
May 17-19, 2010

Declaration of Participation

1. Entries to the training camp must be submitted to Judo Canada by **16:00 (EST) Friday April 16, 2010. Indicate participation in the Camp on the official Nationals entry sheet.**
2. Each team (including officials) is responsible for reserving its own accommodations true the organizing committee.
3. The Training Camp will take at the Club Judoka Jonquiere.
4. One Chaperon (coaches, managers) is required **per 10** underage athletes.
5. Training sessions will be conducted by Judo Canada Designated Coaches.
6. An entry fee of \$40/participant is charged to cover expenses of rental of the training facility.
7. Athletes who are not members of the National Team or participants in the National Championships, may attend training sessions at the National Training Camp only if they are members of Judo Canada, Team of a Provincial Judo Association and pay the entry fee for the camp.
8. Please make your cheque payable to the P'Association Judokas Jonquière and return it with this form before April 16th, 2010 to:

M.ROGER TREMBLAY

ASSOCIATION JUDOKAS JONQUIÈRE
3507 BOUL SAINT-FRANCOIS, suite 114
JONQUIÈRE, QUÉBEC, G7X 2W5

PROVINCE : _____

DESCRIPTION	#
ATHLETES / ATHLÈTES	
COACHS / ENTRAÎNEURS	
OFFICIALS / CHAPERONS	

2010 Senior National Mini-Training Camp Camp d'Entraînement National Canadien 2010

Head Coach of the camp/ Entraîneur chef du camp: Marie-Hélène Chisholm

Days / Jour	Monday / Lundi 17, mai, 2010 May 17, 2010	Tuesday / Mardi 18, mai, 2010 May 18, 2010	Wednesday / Mercredi 19, mai, 2010 May 19, 2010
AM	10:00AM to 12:00PM	10:00AM to 12:00PM	10:00AM to 12:00PM
Lunch/ Dîner	Lunch / Dîner	Lunch / Dîner	Lunch / Dîner
PM	4:00PM to 6:00PM	4:00PM to 6:00PM	Departure/Départ
Curfew / Couvre-feu	<i>11:00PM</i>	11:00PM	

Judo Canada Training Camp Rules:

1. Be on time for all training & meetings
2. Respect all coaches, managers, therapists and chaperones from all provinces
3. No destruction of property, equipment, beds, etc...
4. No breaking curfew
5. No alcohol
6. Please come to 30 minutes prior to practice to be taped or treated by the therapist
7. Report all injuries to coaches and therapist – extra pre caution with head injuries

Judo Canada Règlements:

1. Être à temps aux entraînements et réunions
2. Respect de tous les entraîneurs, gérants, thérapeutes et chaperons de toutes les provinces
3. Ne pas détruire les équipements, lits, etc...
4. Respecter le couvre-feu
5. Pas d'alcool
6. S.V.P. Arriver 30 minutes avant les pratiques et pour être traité.
7. Rappporter toutes blessures aux entraîneurs et thérapeutes – extra précaution avec les blessures à la tête

À noter : Le camp est obligatoire pour participer au Championnat du Monde Junior.

Note: This camp is mandatory to be selected to the Junior World Championships.

**Championnats Nationaux Senior, Kata & Grand Maitres 2010
2010 Canadian Senior, Kata & Veteran Judo Championships
BANQUET**

Formulaire de commande / Ticket Order Form

Nom/Name : _____

Athlète / Athlete

Entraîneur / Coach

Arbitre / Referee

Officiel / Official

Autre / Other : _____

Province : _____

Number of tickets : _____ x \$ 50 total: \$ _____

- Les billets seront remis à la personne responsable lors de l'accréditation. / Banquet tickets will be given to the contact person at registration/accreditation
- Veuillez faire votre chèque à l'ordre de l'Association Judokas Jonquière et retourner ce formulaire avec votre chèque avant **vendredi le 16 avril 2010** à l'adresse suivante : / Please make your cheque payable to Association Judokas Jonquiere and return this form along with your cheque by **Friday April 16, 2010**, to the following address:

MME CÉLINE RATHÉ

ASSOCIATION JUDOKAS JONQUIÈRE
3507 BOUL SAINT-FRANCOIS, suite 114
JONQUIÈRE, QUÉBEC, G7X 2W5

FEUILLE D'INSCRIPTION – OFFICIELS D'ÉQUIPE

ENTRY SHEET – TEAM OFFICIALS

CHAMPIONNATS NATIONAUX SENIOR, KATA & VETERAN 2010
2010 SENIOR, KATA & VETERAN CHAMPIONSHIPS

Province : _____

	Nom/Name	Prénom/First name	Fonction/Function	Certification/Grade**
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				

Responsable provincial :

Date : _____ Provincial official : _____

**Note : Arbitres et entraîneur(e)s doivent indiqué(e)s leur niveau de certification.
Coaches and referees must indicate their certification level.

**FEUILLE D'INSCRIPTION – COMPÉTITEUR
ENTRY SHEETS- COMPETITOR**

CHAMPIONNAT CANADIEN DE JUDO 2010

Date 15–16 Mai 2010 / May 15–16 2010

Province : _____

2010 CANADIAN JUDO CHAMPIONSHIP

Lieu/location : Jonquière, QC

HOMMES/MEN

	Nom/Name	Prénom/ first name	Club/Training centre	Date de naiss./Date of birth	Grade/ Rank	Poids/W eight(kg)	# passeport Judo Canada passport #	# ass. Maladie provincial medical #	En cas d'urgence/ Emergency contact	
									Nom Name	Tel. No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										
16										
17										
18										
19										
20										
21										

Date limite : 16 Avril 2010 à 16h00 / Deadline : April 16th 2010 to 16h00

**FEUILLE D'INSCRIPTION – COMPÉTITEUR
ENTRY SHEETS- COMPETITOR**

CHAMPIONNAT CANADIEN DE JUDO 2010

Date 15-16 Mai 2010 / May 15-16 2010

Province : _____

2010 CANADIAN JUDO CHAMPIONSHIP

Lieu/location : Jonquière, QC

FEMMES/WOMEN

	Nom/Name	Prénom/ first name	Club/Training centre	Date de naiss./Date of birth	Grade/ Rank	Poids/W eight(kg)	# passeport Judo Canada passport #	# Ass. Maladie provincial medical #	En cas d'urgence/ Emergency contact	
									Nom Name	Tel. No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										
16										
17										
18										
19										
20										
21										

Date limite : 16 Avril 2010 à 16h00 / Deadline : April 16th 2010 to 16h00

FEUILLE D'INSCRIPTION – COMPÉTITEUR

ENTRY SHEETS- COMPETITOR

CHAMPIONNAT CANADIEN DE JUDO 2010

Date 15-16 Mai 2010 / May 15-16 2010

Province : _____

2010 CANADIAN JUDO CHAMPIONSHIP

Lieu/location : Jonquière, QC

GRAND MAITRES HOMMES/MEN

	Nom/Name	Prénom/ first name	Club/Training centre	Date de naiss./Date of birth	Grade/ Rank	Poids/W eight(kg)	# passeport Judo Canada passport #	# ass. Maladie provincial medical #	En cas d'urgence/ Emergency contact	
									Nom Name	Tel. No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										
16										
17										
18										
19										
20										
21										

Date limite : 16 Avril 2010 à 16h00 / Deadline : April 16th 2010 to 16h00

**FEUILLE D'INSCRIPTION – COMPÉTITEUR
ENTRY SHEETS- COMPETITOR**

CHAMPIONNAT CANADIEN DE JUDO 2010

Date 15-16 Mai 2010 / May 15-16 2010

Province : _____

2010 CANADIAN JUDO CHAMPIONSHIP

Lieu/location : Jonquière, QC

GRAND MAITRES FEMMES/WOMEN

	Nom/Name	Prénom/ first name	Club/Training centre	Date de naiss./Date of birth	Grade/ Rank	Poids/W eight(kg)	# passeport Judo Canada passport #	# Ass. Maladie provincial medical #	En cas d'urgence/ Emergency contact	
									Nom Name	Tel. No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										
16										
17										
18										
19										
20										
21										

Date limite : 16 Avril 2010 à 16h00 / Deadline : April 16th 2010 to 16h00

ENTRY SHEET - COMPETITORS

FEUILLE D'INSCRIPTION - COMPÉTITEURS

Event/Événement: **2010 NATIONAL KATA CHAMPIONSHIPS**
CHAMPIONNATS NATIONAUX DE KATA 2010

Date: **16 Mai 2010**

Province: _____

Location: **JONQUIÈRE, QC**

PAIRS/COUPLES

	Name/Nom	First Name/ Prénom	Kata	Date of Birth Date de Naiss.	Rank Grade	Judo Canada Passport No. Passeport	Provincial Medical #	Emergency Contact En cas d'urgence Name/Nom Tel. No.	
Pair/ couple									
Pair/ couple									
Pair/ couple									
Pair/ couple									
Pair/ couple									

Date limite : 16 Avril 2010 à 16h00 / Deadline : April 16th 2010 to 16h00

RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

In consideration of the acceptance of the entry to compete in and/or my being permitted to participate in the 2010 Senior, Kata and Veteran Judo National Championships (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless the Canadian Kodokan Black Belt Association (Judo Canada), the organizers of this event, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out of or in connection with my competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the releases or any of them.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

I certify that:

- 1) I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- 2) No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or in this event.
- 3) I am familiar with the sport of judo and the nature of a judo contest. I am aware that there is a high risk of injury by the very nature of the sport.
- 4) Parent(s) or legal guardian(s) of minor participants under 18 years of age additionally agree that they will instruct the minor participants to the above warnings and conditions and their ramifications, and that they consent to the minor's participation.

I further agree that Judo Canada has the right to use, in such form plus for such time period as Judo Canada may in its sole discretion choose, without payment of any fee or charge, photographs, images, likeness, video tapes or any other recordings or reproductions of me, to further the objectives of Judo Canada, including without limiting the generality of the foregoing

- a) the training, education , development of judoka, coaches, officials and
- b) for Judo Canada promotional purposes

This document shall be binding upon myself, my heirs, executors, administrators, assigns and personal representatives.

I have read this document, understand that I give up substantial rights by signing it and knowing this, sign it voluntarily.

I agree to participate knowing the risks and conditions involved and do so entirely upon my own free will.

Participant's name
(please print)

Participant's Signature

Date

Witness signature

Parent/Guardian Signature
(if participant is under 18)

Date

* Use of high quality mouth guards are recommended during competition and other forms of sparring.

* L'utilisation d'un protège buccal synthétique de qualité est recommandée lors de la compétition et autres formes d'entraînement.

Revised / Révision

16/01/2009

**MEDICAL SUMMARY FORM
FORMULAIRE DE SOMMAIRE MÉDICAL**

* Information to be used for medical screening and emergency.

* L'information ne sera utilisée que pour dépistage ou en cas d'urgence médicale.

**Personal Information
Information Personnelle**

Family name - Nom de famille

Name - Prénom

Address - Adresse

City - Ville

Province

DJ / MM / YYAA

Postal code - Code postal

() -

D.O.B. - Date de naissance

Male Homme

Phone # Téléphone

Female Femme

Gender - Sexe

Age division
Division d'âge

Weight category
Catégorie de poids

Province of registration - Province d'affiliation

**Emergency Contact
Contacte en cas d'urgence**

Emergency contact name - Nom de la personne à contacter

Relationship - Lien de parenté

() -

Home phone # - Téléphone à la maison

() -

Work phone # - Téléphone au travail

**Significant injuries or treatments in the last 6 months
Blessures ou traitements importants dans les 6 derniers mois**

Details

**Medical Information
Information Médicale**

Medicare # Assurance maladie

DJ / MM / YYAA

Expiry date d'expiration

Province

Blood type - Type sanguin

N Y - O

Do you wear glasses/contacts?
Portez-vous des lunettes/verres correcteurs?

Medication - Médicament

Details

Allergies

Details

Recent weight loss - Perte de poids récente

Kg

Recent concussion - Commotion récente

Date

DJ / MM / YYAA

**Medical History
Problèmes Médicaux**

N Y - O

Head injury - Blessure à la tête

Seizure/Convulsion - Convulsion

Heart problems - Troubles cardiaques

High blood pressure - Haute tension

Blood problems/Bruising
sanguins/Ecchymose

Asthma - Asthme

Diabetes

Menstrual problems - Problèmes menstruels

Abdominal problems - Problèmes abdominaux

Heat/Dehydration
Bouffée de chaleur/Déshydratation

Anaphylaxis - Anaphylaxie

Skin disorders/lesions
Problèmes cutanés/lésions

If yes - Si oui ...

Details

Athlete signature - Signature de l'athlète

Witness - Témoin

Parent signature (if under 18) - Signature d'un parent (si moins de 18)

Date