# HANDBOOK FOR VETERANS AND KATA



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# **CONTACT PERSONS**

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#### Introduction

#### Purpose:

The purpose of the Handbook for Veterans and Kata is to inform athletes and coaches about Judo Canada's policies concerning Veterans and Kata competitions. It is the responsibility of athletes and coaches to read and understand the material in this handbook. If you are not clear on a certain policy please inquire with contacts listed above.

Limitations: Certain policies may be changed from time to time. A policy change is considered effective upon its date of publication by Judo Canada, unless otherwise noted in the change notice. A change is deemed to be "published" on the date that the notice of change is communicated to the provinces from the national office. Policy changes will also be posted on Judo Canada's website.

Feedback: If you have specific recommendations with respect to policies contained in this manual please direct them in writing to the office of Judo Canada. Written feedback is the only way to ensure full circulation of your ideas to the Sport Director.

#### Judoka Covered by the Handbook:

Policies specified in this Handbook apply to all judoka identified as members in good standing of Judo Canada and its respective provincial/territorial associations who participate in events identified in this publication.

#### Access to International Competition:

Judo Canada does not have the resources to financially support athletes. A list of events that are "open" to the athletes will be published on Judo Canada's website, along with the selection criteria or standards and application deadlines.

#### VK Policy 1 Authority of the Sport Committee

Certain issues may arise from time to time that are not covered by the handbook. In such cases, the Sport Director will analyze the issues, consult the Sport Committee, and, if necessary, bring recommendations to the CEO for review and decision if required.

#### VK Policy 2 Definition of a "Veterans"

The Handbook for Veterans are defined as:

"any active judoka 30 years of age and over."

# VK Policy 3 Definition of "Shiai" or "Competition"

The Handbook for Veterans and Kata defines "shiai" or "competition" as:

"A competitive event for Veterans and/or kata that is sanctioned by Judo Canada or its provincial/territorial bodies or by the International Judo Federation or its member national federation".

Veterans shiai is categorized by age and weight as per the International Judo federation guidelines:

| <u>Gender</u> | Age Categories | <u>Males</u> | <u>Females</u> |
|---------------|----------------|--------------|----------------|
| M1/F1         | 30-34 years    | -60kg        | -48kg          |
| M2/F2         | 35-39 years    | -66kg        | -52kg          |
| M3/F3         | 40-44 years    | -73kg        | -57kg          |
| M4/F4         | 45-49 years    | -81kg        | -63kg          |
| M5/F5         | 50-54 years    | -90kg        | -70kg          |
| M6/F6         | 55-59 years    | -100kg       | -78kg          |
| M7/F7         | 60 -64 years   | +100kg       | +78kg          |
| M8/F8         | 65-69 years    | -100kg       | -78kg          |
| M9/F9         | 70 - 74 years  | +100kg       | +78kg          |
| M10/F10       | 75-79 years    | -100kg       | -78kg          |
| M11/F11       | 80 +           | +100kg       | +78kg          |

A major difference between Veterans judo and senior judo is the potential variance with respect to numbers of competitors per category. In Veterans judo, there are 11 age categories and 7 weight categories per gender. It may often be the case that, due to lack of participants, categories and/or age groupings be combined in certain Veterans shiais. Therefore, there may be some variance with respect to categories contested from tournament to tournament.

For the Open Nationals, Judo Canada will only use three age categories

under 40 years, 40 to 50 years, and over 50 years of age – and three weight categories for each gender – Males -66 kg, Males -81 kg, Males 81+kg, Females -57kg, Females -70kg, and Females 70+kg.

## Category combining or splitting - guideline

The Tournament Director will delegate the authority to determine category combining or splitting.

Only weight categories with three or less entries may be subject to Category combining.

Splitting of categories is allowed in events that feature less age and weight divisions than the IJF standards; providing that the newly created categories feature a minimum three participants and will be done only when justified circumstances occur – age difference and weight difference.

<u>Age divisions:</u> competitors may only be combined with other competitors who are no more than one age division higher or one age division lower.

<u>Weight categories</u>: competitors may only be combined with other competitors who are no more than one weight category lighter or one weight category heavier.

Special consideration will be given to the actual weight differences when dealing with the lightest and the heaviest female and male categories.

#### **Medals**

Medals are only awarded if contest have been fought and the contestant won a minimum one bout. The allocation is determined by the number of competitors competing in a category as follows:

One competitor – no medal
Two competitors – 2 medals – providing that both won a bout
Three competitors – 3 medals – providing that three won at least one bout
Four competitors – 3 medals
Five competitors – 3 medals
Six and more competitors – 4 medals

If a competitor competes in a combined category only one set of medals will be allocated amongst competitors in that category and not at the same time for the uncontested category.

Win in Veteran events is an advancement in the draw sheet, only as a result of the match being initiated ("both competitors must make contact under fighting conditions)." This means that "fusen-gachi" or a "bye" will not be considered as a win.

#### Kata:

Typically compete in one or more of the following kata events depending on the type of competition:

Nage-no-kata Katame-no-kata Ju-no-kata Goshin-jutsu Kime-no-kata

Koshiki-no-kata – conducted at some international events

At Open Nationals Judo Canada conducts 5 kata events and each of the events features Senior and Junior (U21) division (uke and tori). There is no gender designated Kata division. All combinations of gender are allowed.

NOTE: International Events under the IJF jurisdiction apply different criteria than domestic events in Canada - i.e. Only one entry per competitor is allowed at the IJF World Championships. Technical Packages of international events are published at: http://www.ijfveterans.com/

## VK Policy 4 Participation in International Events

#### Authority:

Only members in good standing with Judo Canada and their respective provincial/territorial associations are eligible to represent Canada at international judo events.

Judo Canada will select members according to specific criteria and standards that will vary from competition to competition.

Judo Canada may invite athletes to apply to represent Canada at certain international events.

Judo Canada approval is not required for attendance at international club tournaments and exchanges.

All participants competing, and training abroad must adhere to the code of discipline established by Judo Canada regardless of the source of financial support.

**Standards**: For IJF sanctioned competitions athletes must have competed in at least one of the two most recent Canadian Open National Championships (unless exemption was granted); or have already competed in the prior edition of the IJF World Championships.

**Selection**: For IJF sanctioned competitions, where the team representing Canada is restricted, Judo Canada's selection will be based on results achieved in the following priority order:

- 1. Result in the most recent edition of the Open National Championships.
- 2. Top 8 Result in the current IJF World Championships
- 3. Top 8 Result in the prior editions of the IJF World championships
- 4. Current PJC Pan American medalist.

**Application**: Judo Canada will publish a list of competitive opportunities where Judo Canada's selection is required and invite Veteran and kata teams to apply on line. An on-line application must be submitted as per current Judo Canada's procedures.

**Funding**: Judo Canada does not offer financial assistance to participants in Veteran and Kata events.

Procedures: Most of international events for Veterans and Kata allow for individual arrangements. In such cases Judo Canada will not make travel and accommodation arrangements for participants.

In cases where arrangement must be made by Judo Canada and for athletes/delegation members not funded by Judo Canada, but traveling through Judo Canada, the following procedures will apply:

- 1. Participants must apply on line via Judo Canada registration portal
- Judo Canada will make the arrangements as specified by the organizers of the event.
- 3. A non-refundable deposit of 1000\$ is required when the on-line registration is filed.
- 4. Judo Canada will invoice all participants for the expenses incurred plus \$50 administration fee.

#### **VK Policy 5 Selection Notice**

For each international event selection, the National Office will communicate a selection notice to the successful candidates outlining the following:

- event and weight class or kata event
- approximate cost of travel and accommodations (if applicable)
- dates of travel, passport / visa requirements
- training camp or clinic dates (if applicable)
- confirmation deadline and deposit amount (if applicable)

#### VK Policy 6 Exemption Request Procedure

Exemptions from participation in National championships can be requested in exceptional circumstances, and will be dealt with by the Sport Director on a case-by-case basis as follows;

- **1.** A request must be made as soon as the problem or issue is known.
- **2.** The request must be made in writing, stating the circumstances with supporting evidence emailed to the Judo Canada office. Injury requests must include a medical certificate that indicates the type of injury, severity and estimated recovery time.

The Sport Director in consultation with Sport Committee will evaluate all requests and deliver decision in writing.

## VK Policy 7 Medical Indemnity and Insurance

For each Judo Canada sanctioned event, Veterans and kata athletes must complete and sign a medical summary form and sign a release, indemnity, warranty and assumption of risk form before participation in the event is permitted.

Veterans and Kata competitors who compete in events abroad, must ensure that they have an adequate out of country medical insurance and liability insurance

# VK Policy 8 Team Uniforms

Athletes selected to major international competitions will be offered the opportunity to purchase a national team uniform at favorable cost.

#### **VK Policy 9 Athlete Sponsorship**

Any athlete or team seeking sponsorship, including goods, services or funding, must first advise Judo Canada and provide copies of documentation to be used. The athlete must not imply that any solicitation or sponsorship request is being made on behalf of Judo Canada.

## **Other Policies**

# **Canadian Anti Doping Policy**:

http://www.cces.ca/pdfs/CCES-POLICY-CADP-E.pdf

#### Coaching Code of Ethics:

https://www.coach.ca/files/NCCP\_Code\_of\_Ethics\_2016\_EN.pdf

## **Policy on Grievance and Appeal Procedure:**

http://www.judocanada.org/wp-content/uploads/2018/01/Appeals\_Policy\_EN\_Jan\_12\_2018.pdf

# **Policy on Discipline Procedures:**

http://www.judocanada.org/wp-content/uploads/2018/03/Complaints Policy EN march 2018.pdf

#### **Judo Canada Harassment Policy:**

http://www.judocanada.org/wp-content/uploads/2017/03/Harassment\_and\_discrimination\_Policy\_march\_10\_2017.pdf

#### **Judo Canada Sanctionning Policy and Tournament Standards:**

http://www.judocanada.org/wp-content/uploads/2017/08/SANCTIONING-POLICY-\_EN\_-August-\_2017\_FINAL.pdf