



## Judo Canada

4141, avenue Pierre-De Coubertin  
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December 1<sup>st</sup>, 2020

Dear members,

The year 2020 has been one of the most difficult ones in our history. In March, when all our lives were put into a stop, we could not have expected the challenge that was ahead of us. Due to numerous federal programs, we were able to maintain our team of staff in place and shifted our focus from our event-based operations to developing and updating projects and programs to be ready once the “normality” returns.

Some of the project that our team worked on and delivered over the last month are:

- Covid 19 section on its website <https://www.judocanada.org/covid19/>
- Production of technical videos for Covid Phases 1 & 2 <https://www.dailymotion.com/playlist/x4xsl5>
- Self-Defense certification
- Revised Yudansha grading syllabus and guidelines for examination (in person and online)
- NCCP resources including online blended version
- Review of our concussion protocol and tools
- Quality control checklist for clubs
- Added key tools in our Tool box for clubs (<https://www.judocanada.org/toolbox-for-clubs/>)
  - U5 program
  - Strength and Power Poster
- Extension of our Judoka with Disability programs offering to Deaf and Intellectual disabilities.
- Increase our communication tools with production of mascots, animated GIF, webinars and the podcast “Chat with Pat”.

Over the next few months, we will share new projects that we are currently working on or planned:

- Mudansha Grading tools for clubs
- Judo.ca project: Post-Covid relaunch strategy
- Intro to Judo Booklet
- PTSO governance support project
- Safe judo exercises poster
- Review our Judo Canada’s strategic plan
- Review of our Long-Term Development Model
- Indigenous Canadians Life Skills development Matrix





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We were glad to see our Olympic hopefuls return to the tatamis with great success at the Budapest Grand Slam and Senior Pan American championships over the last few weeks. I can already confirm that they are now preparing themselves for the IJF Masters planned in Qatar in January 2021 to launch what will be a very successful 2021 year that should culminate with the Tokyo Olympic and Paralympic Games.

There is still a lot of uncertainty and unknowns about the future and the next season. I can personally guarantee you all that Judo Canada will do everything in its power to relaunch our competition circuits as soon as possible and finds creative ways to support our PTSO and Clubs. I also take this opportunity to remind you all that you can reach us at the following address if needed: [info@judocanada.org](mailto:info@judocanada.org)

As another holiday season approaches, our team sends you their warmest wishes. May you find the true spirit of the season and may it fill your heart with health and joy. Hoping to meet on the tatami soon.

Best regards,

Michael Tamura  
President

